

EONS

GREEK FOOD FOR LIFE

CREATE YOUR OWN BOWL

1 CHOOSE A BASE

RICE
Brown or White

SALAD
Organic Greens

2 CHOOSE A PROTEIN

CHICKEN 9.55 ^{GF}

Antibiotic & Hormone Free

PORK 8.95 ^{GF}

Hormone & Antibiotic Free

SHRIMP 11.45 ^{GF}

Wild Caught

OCTOPUS 14.70 ^{GF}

Wild Caught

YEERO 8.95 ^{GF}

Black Angus Beef & Lamb

STEAK 9.95 ^{GF}

Grass-Fed

LAMB 11.45 ^{GF}

Hormone & Antibiotic Free

SALMON 11.95 ^{GF}

Organic

VEGGIE 8.25 ^{GF} ^V

Base with 3 Sides & Topping

FALAFEL 8.25 ^{GF} ^V

Oven Baked

3 CHOOSE 2 SIDES

GIGANTE BEANS ^{GF} ^V

Savory Braised Giant Lima Beans

GREEK SALAD ^{GF} ^V

Tomatoes, Cucumber, Peppers, Onions, Olives, Feta Cheese

LENTIL SALAD ^{GF} ^V

Sun-Dried Tomatoes, Red Onions

CHICKPEA SALAD ^{GF} ^V

Roasted Peppers, Lemon & Olive Oil, Herbs

BEET SALAD ^{GF} ^V

Roasted Beets, Citrus Olive Oil

EONS SALAD ^V

Farro, Cucumbers, Tomatoes, Red Onions, Parsley & Mint

VEGGIE OF THE DAY ^{GF} ^V

Fresh Seasonal Vegetable

LEMON POTATOES ^{GF} ^V

Baked with Lemon & Herbs

\$1.50 FOR EXTRA SIDES

4 CHOOSE A TOPPING

TZADZIKI ^{GF} ^V

Yogurt, Garlic, Cucumber & Dill

GARLIC SPREAD ^V

Garlic & Almond

FETA SPREAD ^{GF} ^V ^V

Feta Cheese, Roasted Pepper

EGGPLANT ^{GF} ^V

Roasted Baby Eggplant

LEMON POTATOES

Baked with Lemon & Herbs

HUMMUS ^{GF} ^V

Chick Peas, Roasted Garlic, Tahini, Lemon Juice

\$1.50 FOR EXTRA TOPPINGS

SIGNATURE BOWLS

THE GREEK GOODNESS 9.55 ^{GF} ^V

Brown Rice, Chicken, Greek Salad, Chickpea, Tzadziki

WILD SHRIMP SALAD 11.45 ^{GF}

Organic Greens, Wild Shrimp, Lentil Salad, Chickpea Salad, Roasted Eggplant

ORGANIC SALMON 11.95 ^{GF}

Mixed Greens, Organic Salmon, Farro Salad, Beet Salad, Lado Sauce

THE MEDITERRANEAN BOWL 8.25 ^{GF} ^V ^V

Organic Greens, Greek Salad, Lentil Salad, Beet Salad, Feta Spread

EONS CATERS

Eons Greek is excited to offer custom, catered menus for your next event. Imagine our healthy and delicious food as the perfect complement to your special party. We serve our food fresh, fast and to your liking with an emphasis on presentation. Healthy food is in, and it has never been easier to share with your friends and family. We take the highest quality, fresh ingredients and prepare them to perfectly complement any event.

501 ROUTE 17 SOUTH PARAMUS, NJ 07652 • EONSGREEK.COM

PITA WRAPS OR PITA BOWLS

1 CHOOSE A PROTEIN

CHICKEN 8.55 GF

Antibiotic & Hormone Free

PORK 7.95 GF

Hormone & Antibiotic Free

SHRIMP 10.45 GF

Wild Caught

OCTOPUS 13.70 GF

Wild Caught

YEERO 7.95 GF

Black Angus Beef & Lamb

STEAK 8.95 GF

Grass-Fed

LAMB 10.45 GF

Hormone & Antibiotic Free

SALMON 10.95 GF

Organic

VEGGIE 7.25 GF V

Base with 3 Sides & Topping

FALAFEL 7.25 GF V

Oven Baked

2 CHOOSE A SIDE

GIGANTE BEANS GF V

Savory Braised Giant Lima Beans

GREEK SALAD GF V

Tomatoes, Cucumber, Peppers, Onions, Olives, Feta Cheese

LENTIL SALAD GF V

Sun-Dried Tomatoes, Red Onions

CHICKPEA SALAD GF V

Roasted Peppers, Lemon & Olive Oil, Herbs

BEET SALAD GF V

Roasted Beets, Citrus Olive Oil

EONS SALAD V

Farro, Cucumbers, Tomatoes, Red Onions, Parsley & Mint

VEGGIE OF THE DAY GF V

Fresh Seasonal Vegetable

LEMON POTATOES GF V

Baked with Lemon & Herbs

\$1.50 FOR EXTRA SIDES

3 CHOOSE A TOPPING

TZADZIKI GF V

Yogurt, Garlic, Cucumber & Dill

GARLIC SPREAD V

Garlic & Almond

FETA SPREAD GF V

Feta Cheese, Roasted Pepper

EGGPLANT GF V

Roasted Baby Eggplant

HUMMUS GF V

Chick Peas, Roasted Garlic, Tahini, Lemon Juice

\$1.50 FOR EXTRA TOPPINGS

SIGNATURE WRAPS

EONS CHICKEN WRAP 8.55

Hormone & Antibiotic Free Chicken, Greek Salad, Tzadziki, Organic Greens

THE YEERO WRAP 7.95

House made Yeero Meat, Greek Salad, Tzadziki

EONS SEAFOOD WRAP 10.45

Wild Shrimp, Chickpea, Baby Roasted Eggplant, Organic Greens

THE VEGGIE WRAP 7.25 V

Falafel, Greek Salad, Organic Greens and Hummus

SOUPS

LEMON CHICKEN 4.95

Served with In-House Baked Pita Chips

LENTIL 4.95 V

Served with In-House Baked Pita Chips

EXTRAS

CHIPS & DIP 3.69

Housemade Pita Chips Seasoned with Garlic & Olive Oil + One Spread or Dip

GREEK YOGURT 3.74

Honey, Baklava Crunch, Fig Preserve, Seasonal Compote

KIDS MEAL 5.08

Choice of Rice or Pita, chicken or steak, + 1 side. Apple Juice or Organic Milk • 12 and under only

BEVERAGES

FOUNTAIN SODA 1.95

Boylan Hand-Crafted, Corn Syrup Free

BOTTLED SODA 2.99

Made with Natural Cane Sugar

COFFEE & TEA 1.95

KIDS DRINKS 1.85

Apple Juice or Organic Milk

BOTTLED WATER 1.75

Natural Spring Water