

CATERING MENU

EONS mission is to provide you with great quality healthy delicious Greek food by amazing chef George Georgiades. It is organic, hormone and antibiotic free, sustainable and eco-friendly!

We serve fresh food fast and to your liking with an emphasis on presentation. Let us create the perfect custom menu for your next event! Healthy food is in and it has never been easier to share with friends.

HEALTHY PLATTERS \$14.95

Freshly made hormone and anti-biotic free, organic meats, salads and spreads authentically prepared for a delicious healthy gathering.

1. CHOOSE YOUR BASE

ORGANIC GREENS WHITE RICE BROWN RICE

2. CHOOSE YOUR PROTEIN

CHICKEN
Hormone and anti-biotic free

STEAK ADD \$1
Grass fed

SHRIMP ADD \$3
Wild and organic

PORK
Braised

LAMB ADD \$2
Organic grass fed

OCTOPUS ADD \$5
Wild and organic

FALAFEL
Oven baked

SALMON ADD \$3
Organic

3. CHOOSE TWO SIDES

GIGANTE BEANS
Savory Braised Giant Lima Beans

LENTIL SALAD
Sun-Dried Tomatoes, Red Onions

GREEK SALAD
Tomatoes, Cucumber, Peppers, Onions, Olives, Feta Cheese

BEET SALAD
Roasted Beets, Citrus Olive Oil

CHICKPEA SALAD
Roasted Peppers, Lemon & Olive Oil, Herbs

EONS SALAD
Organic Farro, Cucumbers, Tomatoes, Red Onions, Parsley & Mint

4. CHOOSE A SPREAD

TZADZIKI
Yogurt, Garlic, Cucumber & Dill

GARLIC SPREAD
Garlic & Almond

FETA SPREAD
Feta Cheese, Roasted Pepper

HUMMUS
Chick Peas, Roasted Garlic, Tahini & Lemon Juice

EGGPLANT
Roasted Baby Eggplant

5. CHOOSE YOUR PITA

REGULAR OR WHOLE WHEAT
Cut into triangles for dipping

ADDITIONAL SIDES

ADDITIONAL SIDES OR SPREADS ADD \$2.80 PER PERSON
Choose a tray of any additional side or spread of your choice

ORDERING

- All prices are per person, minimum of 10 people, and taxes are not included.
- Credit card information required upon placing order; payment completed at time of delivery.
- Same day catering cancellations may be charged a fee.
- Deliveries available to all parts of city by special arrangement and at additional charge.
- We are trying to save the world one plate at a time. Paper products available upon request.

PITA WRAPS \$11.95

All wraps are made fresh with your choice of protein, spread, salad and organic greens all wrapped in pita (regular or whole wheat).

1. CHOOSE YOUR PROTEIN

CHICKEN
Hormone and anti-biotic free

STEAK
Grass fed

FALAFEL
Oven baked

2. CHOOSE ONE FILLER

GIGANTE BEANS
Savory Braised Giant Lima Beans

LENTIL SALAD
Sun-Dried Tomatoes, Red Onions

GREEK SALAD
Tomatoes, Cucumber, Peppers, Onions, Olives, Feta Cheese

BEET SALAD
Roasted Beets, Citrus Olive Oil

CHICKPEA SALAD
Roasted Peppers, Lemon & Olive Oil, Herbs

EONS SALAD
Organic Farro, Cucumbers, Tomatoes, Red Onions, Parsley & Mint

3. CHOOSE ONE SPREAD

TZADZIKI
Yogurt, Garlic, Cucumber & Dill

GARLIC SPREAD
Garlic and almond spread

FETA SPREAD
Roasted pepper & feta spread

HUMMUS
Chick Peas, Roasted Garlic, Tahini & Lemon Juice

EGGPLANT
Roasted Baby Eggplant

ADDITIONAL SIDES

ADDITIONAL SIDES OR SPREADS ADD \$2.80 PER PERSON
Choose a tray of any additional side or spread of your choice

EXTRAS

SPINACH PIE \$3.47
Spinach and feta wrapped in fillo

PITA CHIPS \$0.75
Baked in house

DESSERTS \$3.47

Choose from Baklava, Greek yogurt parfait (layered with fig and apricot preserves), or rice pudding

BEVERAGES

BOTTLE BOYLAN SODA \$2.99 **BOTTLED WATER** \$2.07

633 SECOND AVENUE, NYC • 212.696.1234 • EONSGREEK.COM

501 Rt. 17 S, Paramus • 201.523.9500 • EONSGREEK.COM