

# EONS

GREEK FOOD FOR LIFE

## CREATE YOUR OWN

### 1 CHOOSE YOUR BASE

#### Pita

White or Wheat

#### Rice

Brown or White

#### Salad

Organic Greens

### 2 CHOOSE YOUR PROTEIN

#### Chicken 8.66 GF

Hormone & Antibiotic Free

#### Shrimp 12.35 GF

Wild

#### Steak 10.85 GF

Certified Black Angus

#### Lamb 12.35 GF

Domestic Grass-Fed,  
Hormone & Antibiotic Free

#### Octopus 14.95 GF

Sushi Grade Wild Octopus,  
Onions, Roasted Peppers

#### Veggie 8.65 V

Choose Three Sides

#### Salmon 12.85 GF

Organic

#### Falafel 8.65 GF V

Choose Two Sides

#### Yeero 9.85

Black Angus Beef & Lamb

Extra Protein: \$3.50

Extra Seafood: \$3.95

### 3 CHOOSE TWO SIDES

#### Gigante Beans GF V

Savory Braised Giant  
Lima Beans

#### Beet Salad GF V

Roasted Beets, Citrus  
Olive Oil

#### Lentil Salad GF V

Sun-Dried Tomatoes,  
Red Onions

#### Chickpea Salad GF V

Roasted Peppers,  
Lemon & Olive Oil, Herbs

#### Greek Salad GF V

Tomatoes, Cucumber, Peppers,  
Onions, Olives, Feta Cheese

#### Lemon Potatoes GF V

Baked with Lemon &  
Herbs

#### Eons Salad V

Farro, Cucumbers, Tomatoes,  
Red Onions, Parsley & Mint

#### Veggie of The Day V

Fresh Seasonal Vegetables

\$2.00 For each extra side

### 4 CHOOSE A TOPPING

#### Tzadziki GF V

Yogurt, Garlic,  
Cucumber & Dill

#### Hummus GF V

Chick Peas, Roasted Garlic,  
Tahini & Lemon Juice

#### Garlic Spread V

Garlic & Almond

#### Eggplant GF V

Roasted Baby Eggplant

#### Feta Spread GF V

Feta Cheese, Roasted Pepper

\$2.00 For each extra topping

## SIGNATURE BOWLS

- The Greek Goodness** <sup>GF</sup> **8.66**  
Brown Rice, Chicken, Greek Salad, Chickpea, Tzadziki
- Wild Shrimp Salad** <sup>GF</sup> **12.35**  
Organic Greens, Wild Shrimp, Lentil Salad,  
Chickpea Salad, Roasted Eggplant
- Organic Salmon** **12.85**  
Mixed Greens, Organic Salmon, Farro Salad,  
Beet Salad, Lado Sauce
- The Mediterranean Bowl** <sup>GF V</sup> **8.65**  
Organic Greens, Greek Salad, Lentil Salad,  
Beet Salad, Feta Spread

## SIGNATURE WRAPS

- Eons Chicken Wrap** **8.66**  
Chicken, Greek Salad, Tzadziki,  
Organic Greens
- The Yeero Wrap** **8.85**  
House Made Yeero Meat,  
Greek Salad, Tzadziki
- Eons Seafood Wrap** **11.35**  
Wild Shrimp, Chickpea, Organic Greens  
Baby Roasted Eggplant
- The Veggie Wrap** <sup>V</sup> **7.65**  
Falafel, Greek Salad, Organic Greens  
and Hummus

## EXTRAS

- Chips & Dip** <sup>V</sup> **3.95**  
Housemade Pita Chips Seasoned with Oregano &  
Olive Oil + 1 Spread or Dip
- Greek Yogurt** <sup>V</sup> **3.95**  
Honey, Baklava Crunch, Fig Preserve, Seasonal Compote
- Baklava** **3.85**  
Flaky phyllo dough layered with cinnamon and  
chopped nuts, bathed in house made syrup
- Lemon Chicken Soup** **5.35**  
Served With In-House Baked Pita Chips
- Kids Meal** **5.95**  
Choice of Rice or Pita, Chicken or Steak, + 1 Side Apple Juice  
or Organic Milk • 12 And Under Only

## BEVERAGES

- House-Made** **2.07** **Bottled Soda** **2.99**  
Drinks and Juices Boylan Hand-Crafted,  
Corn Syrup Free
- Bottled Water** **2.07** **Kids Drinks** **1.84**  
Natural Spring Water Apple Juice or Organic Milk



Let EONS cater your next event!  
We happily CATER throughout  
the New York City area!