

EONS

GREEK FOOD FOR LIFE

CREATE YOUR OWN

1 CHOOSE YOUR BASE

Pita

White or Wheat

Rice

Brown or White

Salad

Organic Greens

2 CHOOSE YOUR PROTEIN

Chicken 10.95 ^{GF}

Hormone & Antibiotic Free

Pork 10.32 ^{GF}

Locally Sourced, Hormone & Antibiotic Free

Steak 11.83 ^{GF}

Grass-Fed, Hormone & Antibiotic Free

Octopus 14.95 ^{GF}

Sushi Grade Wild Octopus, Onions, Roasted Peppers

Salmon 12.94 ^{GF}

Organic

Yeero 10.35

Black Angus Beef & Lamb

Shrimp 12.45 ^{GF}

Wild

Lamb 12.45 ^{GF}

Domestic Grass-Fed, Hormone & Antibiotic Free

Veggie 9.89 ^V

Choose Three Sides

Falafel 9.89 ^{GF V}

Choose Two Sides

Extra Protein: \$3.50, Extra Seafood: \$3.95

3 CHOOSE TWO SIDES

Gigante Beans ^{GF V}

Savory Braised Giant Lima Beans

Lentil Salad ^{GF V}

Sun-Dried Tomatoes, Red Onions

Greek Salad ^{GF V}

Tomatoes, Cucumber, Peppers, Onions, Olives, Feta Cheese

Eons Salad ^V

Farro, Cucumbers, Tomatoes, Red Onions, Parsley & Mint

Beet Salad ^{GF V}

Roasted Beets, Citrus Olive Oil

Chickpea Salad ^{GF V}

Roasted Peppers, Lemon & Olive Oil, Herbs

Lemon Potatoes ^{GF V}

Baked with Lemon & Herbs

Veggie of The Day ^V

Fresh Seasonal Vegetables

\$2.00 For each extra side

4 CHOOSE A TOPPING

Tzadziki ^{GF V}

Yogurt, Garlic, Cucumber & Dill

Garlic Spread ^V

Garlic & Almond

Feta Spread ^{GF V}

Feta Cheese, Roasted Pepper

Hummus ^{GF V}

Chick Peas, Roasted Garlic, Tahini & Lemon Juice

Eggplant ^{GF V}

Roasted Baby Eggplant

\$2.00 For each extra topping

SIGNATURE BOWLS

- The Greek Goodness** ^{GF} **10.95**
Brown Rice, Chicken, Greek Salad, Chickpea, Tzadziki
- Wild Shrimp Salad** ^{GF} **12.45**
Organic Greens, Wild Shrimp, Lentil Salad,
Chickpea Salad, Roasted Eggplant
- Organic Salmon** **12.94**
Mixed Greens, Organic Salmon, Farro Salad,
Beet Salad, Lado Sauce
- The Mediterranean Bowl** ^{GF V} **9.89**
Organic Greens, Greek Salad, Lentil Salad,
Beet Salad, Feta Spread

SIGNATURE WRAPS

- Eons Chicken Wrap** **10.95**
Chicken, Greek Salad, Tzadziki,
Organic Greens
- The Yeero Wrap** **12.35**
House Made Yeero Meat,
Greek Salad, Tzadziki
- Eons Seafood Wrap** **12.45**
Wild Shrimp, Chickpea, Organic Greens
Baby Roasted Eggplant
- The Veggie Wrap** ^V **9.89**
Falafel, Greek Salad, Organic Greens
and Hummus

EXTRAS

- Chips & Dip** ^V **3.95**
Housemade Pita Chips
Seasoned with Oregano & Olive
Oil + 1 Spread or Dip
- Veggies & Dip** **3.95**
Carrots and Celery
+ 1 Spread or Dip
- Greek Yogurt** ^V **3.95**
Honey, Baklava Crunch,
Fig Preserve, Seasonal Compote
- Baklava** **3.74**
Flaky phyllo dough layered with
cinnamon and chopped nuts,
bathed in house made syrup
- Lemon Chicken
Soup** **5.45**
Served With In-House
Baked Pita Chips
- Kids Meal** **6.49**
Choice of Rice or Pita, Chicken or
Steak, + 1 Side Apple Juice or
Organic Milk • 12 And Under Only
- Fruit Cup** **2.99**
- Extra Side
or Topping** **2.00**

BEVERAGES

- Fountain** **2.07**
House-made Drinks
- Bottled Soda** **2.99**
Boylan Hand-Crafted,
Corn Syrup Free
- Bottled Water** **2.07**
Natural Spring Water
- Kids Drinks** **1.84**
Apple Juice or Organic Milk



Let EONS cater your next event!
We happily CATER throughout
the New York City area!