

EONS

GREEK FOOD FOR LIFE

CREATE YOUR OWN

1 CHOOSE YOUR BASE

Pita

White or Wheat

Rice

Brown or White

Salad

Organic Greens

2 CHOOSE YOUR PROTEIN

Chicken 9.50 ^{GF}

Hormone & Antibiotic Free

Steak 11.25 ^{GF}

Certified Black Angus

Octopus 14.95 ^{GF}

Sushi Grade Wild Octopus,
Onions, Roasted Peppers

Salmon 13.25 ^{GF}

Organic

Yeero 10.25

Black Angus Beef & Lamb

Shrimp 12.65 ^{GF}

Wild

Lamb 12.55 ^{GF}

Domestic Grass-Fed,
Hormone & Antibiotic Free

Veggie 8.95 ^V

Choose Three Sides

Falafel 8.95 ^{GF V}

Choose Two Sides

Extra Protein: \$3.50

Extra Seafood: \$3.95

3 CHOOSE TWO SIDES

Gigante Beans ^{GF V}

Savory Braised Giant
Lima Beans

Lentil Salad ^{GF V}

Sun-Dried Tomatoes,
Red Onions

Greek Salad ^{GF V}

Tomatoes, Cucumber, Peppers,
Onions, Olives, Feta Cheese

Eons Salad ^V

Farro, Cucumbers, Tomatoes,
Red Onions, Parsley & Mint

Beet Salad ^{GF V}

Roasted Beets, Citrus
Olive Oil

Chickpea Salad ^{GF V}

Roasted Peppers,
Lemon & Olive Oil, Herbs

Lemon Potatoes ^{GF V}

Baked with Lemon &
Herbs

Veggie of The Day ^V

Fresh Seasonal Vegetables

\$2.00 For each extra side

4 CHOOSE A TOPPING

Tzadziki ^{GF V}

Yogurt, Garlic,
Cucumber & Dill

Garlic Spread ^V

Garlic & Almond

Feta Spread ^{GF V}

Feta Cheese, Roasted Pepper

Hummus ^{GF V}

Chick Peas, Roasted Garlic,
Tahini & Lemon Juice

Eggplant ^{GF V}

Roasted Baby Eggplant

\$2.00 For each extra topping

SIGNATURE BOWLS

- The Greek Goodness** ^{GF} **9.50**
Brown Rice, Chicken, Greek Salad, Chickpea, Tzadziki
- Wild Shrimp Salad** ^{GF} **12.65**
Organic Greens, Wild Shrimp, Lentil Salad,
Chickpea Salad, Roasted Eggplant
- Organic Salmon** **13.25**
Mixed Greens, Organic Salmon, Farro Salad,
Beet Salad, Lado Sauce
- The Mediterranean Bowl** ^{GF V} **8.95**
Organic Greens, Greek Salad, Lentil Salad,
Beet Salad, Feta Spread

SIGNATURE WRAPS

- Eons Chicken Wrap** **9.50**
Chicken, Greek Salad, Tzadziki,
Organic Greens
- The Yeero Wrap** **10.25**
House Made Yeero Meat,
Greek Salad, Tzadziki
- Eons Seafood Wrap** **12.65**
Wild Shrimp, Chickpea, Organic Greens
Baby Roasted Eggplant
- The Veggie Wrap** ^V **8.95**
Falafel, Greek Salad, Organic Greens
and Hummus

EXTRAS

- Chips & Dip** ^V **3.95**
Housemade Pita Chips Seasoned with Oregano &
Olive Oil + 1 Spread or Dip
- Greek Yogurt** ^V **3.95**
Honey, Baklava Crunch, Fig Preserve, Seasonal Compote
- Baklava** **3.85**
Flaky phyllo dough layered with cinnamon and
chopped nuts, bathed in house made syrup
- Lemon Chicken Soup** **5.35**
Served With In-House Baked Pita Chips
- Kids Meal** **5.95**
Choice of Rice or Pita, Chicken or Steak, + 1 Side Apple Juice
or Organic Milk • 12 And Under Only

BEVERAGES

- House-Made** **2.07** **Bottled Soda** **2.99**
Drinks and Juices Boylan Hand-Crafted,
Corn Syrup Free
- Bottled Water** **2.07** **Kids Drinks** **1.84**
Natural Spring Water Apple Juice or Organic Milk



Let EONS cater your next event!
We happily CATER throughout
the New York City area!