

CREATE YOUR OWN

1 CHOOSE YOUR BASE

Pita

White or Wheat

Rice

Brown or White

Salad

Organic Greens

2 CHOOSE YOUR PROTEIN

Chicken 11.25 ^{GF}

Hormone & Antibiotic Free

Pork 10.75 ^{GF}

Locally Sourced, Hormone & Antibiotic Free

Steak 12.25 ^{GF}

Grass-Fed, Hormone & Antibiotic Free

Octopus 15.35 ^{GF}

Sushi Grade Wild Octopus, Onions, Roasted Peppers

Salmon 13.35 ^{GF}

Organic

Yeero 10.65

Black Angus Beef & Lamb

Shrimp 12.85 ^{GF}

Wild

Lamb 12.75 ^{GF}

Domestic Grass-Fed, Hormone & Antibiotic Free

Veggie 10.25 ^V

Choose Three Sides

Falafel 9.25 ^{GF V}

Choose Two Sides

Extra Protein: \$3.50, Extra Seafood: \$3.95

3 CHOOSE TWO SIDES

Gigante Beans ^{GF V}

Savory Braised Giant Lima Beans

Lentil Salad ^{GF V}

Sun-Dried Tomatoes, Red Onions

Greek Salad ^{GF V}

Tomatoes, Cucumber, Peppers, Onions, Olives, Feta Cheese

Eons Salad ^V

Farro, Cucumbers, Tomatoes, Red Onions, Parsley & Mint

Beet Salad ^{GF V}

Roasted Beets, Citrus Olive Oil

Chickpea Salad ^{GF V}

Roasted Peppers, Lemon & Olive Oil, Herbs

Lemon Potatoes ^{GF V}

Baked with Lemon & Herbs

Veggie of The Day ^V

Fresh Seasonal Vegetables

\$2.00 For each extra side

4 CHOOSE A TOPPING

Tzadziki ^{GF V}

Yogurt, Garlic, Cucumber & Dill

Garlic Spread ^V

Garlic & Almond

Feta Spread ^{GF V}

Feta Cheese, Roasted Pepper

Hummus ^{GF V}

Chick Peas, Roasted Garlic, Tahini & Lemon Juice

Eggplant ^{GF V}

Roasted Baby Eggplant

\$2.00 For each extra topping

SIGNATURE BOWLS

The Greek Goodness ^{GF} 11.25

Brown Rice, Chicken, Greek Salad, Chickpea, Tzadziki

Wild Shrimp Salad ^{GF} 12.85

Organic Greens, Wild Shrimp, Lentil Salad, Chickpea Salad, Roasted Eggplant

Organic Salmon 13.35

Mixed Greens, Organic Salmon, Farro Salad, Beet Salad, Lado Sauce

The Mediterranean Bowl ^{GF V} 10.25

Organic Greens, Greek Salad, Lentil Salad, Beet Salad, Feta Spread

SIGNATURE WRAPS

Eons Chicken Wrap 11.25

Chicken, Greek Salad, Tzadziki, Organic Greens

The Yeero Wrap 10.65

House Made Yeero Meat, Greek Salad, Tzadziki

Eons Seafood Wrap 12.85

Wild Shrimp, Chickpea, Organic Greens Baby Roasted Eggplant

The Veggie Wrap ^V 10.25

Falafel, Greek Salad, Organic Greens and Hummus

EXTRAS

Chips & Dip ^V 3.95

Housemade Pita Chips Seasoned with Oregano & Olive Oil + 1 Spread or Dip

Veggies & Dip 3.95

Carrots and Celery + 1 Spread or Dip

Greek Yogurt ^V 3.95

Honey, Baklava Crunch, Fig Preserve, Seasonal Compote

Baklava 3.74

Flaky phyllo dough layered with cinnamon and chopped nuts, bathed in house made syrup

Lemon Chicken Soup 5.45

Served With In-House Baked Pita Chips

Kids Meal 6.49

Choice of Rice or Pita, Chicken or Steak, + 1 Side Apple Juice or Organic Milk • 12 And Under Only

Fruit Cup 2.99

Extra Side or Topping 2.00

BEVERAGES

Fountain 2.07

House-made Drinks

Bottled Soda 2.99

Boylan Hand-Crafted, Corn Syrup Free

Bottled Water 2.07

Natural Spring Water

Kids Drinks 1.84

Apple Juice or Organic Milk



Let EONS cater your next event!
We happily CATER throughout
the New York City area!