

EONS

GREEK FOOD FOR LIFE

CREATE YOUR OWN

1 CHOOSE YOUR BASE

PITA
White or Wheat

RICE
Brown or White

SALAD
Organic Greens

2 CHOOSE YOUR PROTEIN

CHICKEN ^{GF} 11.75
Hormone & Antibiotic Free

YEERO 11.15
Black Angus Beef & Lamb

STEAK ^{GF} 12.75
Grass-Fed,
Hormone & Antibiotic Free

SHRIMP ^{GF} 13.35
Wild

OCTOPUS ^{GF} 15.85
Sushi Grade Wild Octopus,
Onions, Roasted Peppers

LAMB ^{GF} 13.25
Domestic Grass-Fed,
Hormone & Antibiotic Free

SALMON ^{GF} 13.85
Organic

VEGGIE ^V 10.75
Choose Three Sides

FALAFEL ^{GF V} 10.75
Choose Two Sides

Extra Protein: \$3.50, Extra Seafood: \$3.95

3 CHOOSE TWO SIDES

GIGANTE BEANS ^{GF V}
Savory Braised Giant Lima Beans

BEET SALAD ^{GF V}
Roasted Beets, Citrus Olive Oil

LENTIL SALAD ^{GF V}
Sun-Dried Tomatoes, Red Onions

CHICKPEA SALAD ^{GF V}
Roasted Peppers,
Lemon & Olive Oil, Herbs

GREEK SALAD ^{GF V}
Tomatoes, Cucumber, Peppers,
Onions, Olives, Feta Cheese

LEMON POTATOES ^{GF V}
Baked with Lemon & Herbs

EONS SALAD ^V
Farro, Cucumbers, Tomatoes,
Red Onions, Parsley & Mint

VEGGIE OF THE DAY ^V
Fresh Seasonal Vegetables

\$2.00 For each extra side

4 CHOOSE A TOPPING

TZADZIKI ^{GF V}
Yogurt, Garlic,
Cucumber & Dill

HUMMUS ^{GF V}
Chick Peas, Roasted Garlic,
Tahini & Lemon Juice

GARLIC SPREAD ^V
Garlic & Almond

EGGPLANT ^{GF V}
Roasted Baby Eggplant

FETA SPREAD ^{GF V} 🌿
Feta Cheese, Roasted Pepper

\$2.00 For each extra topping

SIGNATURE BOWLS

- THE GREEK GOODNESS** ^{GF} 11.75
Brown Rice, Chicken, Greek Salad, Chickpea, Tzadziki
- WILD SHRIMP SALAD** ^{GF} 13.35
Organic Greens, Wild Shrimp, Lentil Salad, Chickpea Salad, Roasted Eggplant
- ORGANIC SALMON** 13.85
Mixed Greens, Organic Salmon, Farro Salad, Beet Salad, Lado Sauce
- THE MEDITERRANEAN BOWL** ^{GF} ^V 10.75
Organic Greens, Greek Salad, Lentil Salad, Beet Salad, Feta Spread

SIGNATURE WRAPS

- EONS CHICKEN WRAP** 11.75
Chicken, Greek Salad, Tzadziki, Organic Greens
- THE YEERO WRAP** 11.15
House Made Yeero Meat, Greek Salad, Tzadziki
- EONS SEAFOOD WRAP** 13.35
Wild Shrimp, Chickpea, Organic Greens, Baby Roasted Eggplant
- THE VEGGIE WRAP** ^V 11.15
Falafel, Greek Salad, Organic Greens and Hummus

EXTRAS

- CHIPS & DIP** ^V 3.95 **LEMON CHICKEN SOUP** 5.45
Housemade Pita Chips Served With In-House Baked Pita Chips
Seasoned with Oregano & Olive Oil + One Spread or Dip
- VEGGIES & DIP** 3.95 **KIDS MEAL** 7.25
Carrots and Celery Choice of Rice or Pita, Chicken or Steak, + 1 Side
+ 1 Spread or Dip Apple Juice or Organic Milk
12 And Under Only
- GREEK YOGURT** ^V 3.95
Honey, Baklava Crunch, Fig Preserve, Seasonal Compote
- BAKLAVA** 3.74 **FRUIT CUP** 2.99
Flaky phyllo dough layered with cinnamon and chopped nuts, bathed in house made syrup
- EXTRA SIDE OR TOPPING** 2.00

BEVERAGES

- FOUNTAIN** 2.07 **BOTTLED SODA** 2.99
House-made Drinks Boylan Hand-Crafted, Corn Syrup Free
- BOTTLED WATER** 2.07 **KIDS DRINKS** 1.84
Natural Spring Water Apple Juice or Organic Milk



Let EONS cater your next event! We happily CATER throughout the New York City area!