



CATERING
MENU

Healthy Platters \$14.95

Freshly made hormone and anti-biotic free, organic meats, salads and spreads authentically prepared for a delicious healthy gathering.

1 CHOOSE YOUR BASE

Organic Greens White Rice Brown Rice

2 CHOOSE YOUR PROTEIN

Chicken Hormone and anti-biotic free	Pork Braised	Falafel Oven baked
Steak Add \$1 Grass fed	Lamb Add \$2 Organic grass fed	Salmon Add \$3 Organic
Shrimp Add \$3 Wild and organic	Octopus Add \$5 Wild and organic	Yeero Black Angus Beef & Lamb

3 CHOOSE TWO SIDES

Gigante Beans Savory Braised Giant Lima Beans	Beet Salad Roasted Beets, Citrus Olive Oil	Lemon Potatoes Baked with Lemon & Herbs
Lentil Salad Sun-Dried Tomatoes, Red Onions	Chickpea Salad Roasted Peppers, Lemon & Olive Oil, Herbs	
Greek Salad Tomatoes, Cucumber, Peppers, Onions, Olives, Feta Cheese	Eons Salad Organic Farro, Cucumbers, Tomatoes, Red Onions, Parsley & Mint	

4 CHOOSE A SPREAD

Tzadziki Yogurt, Garlic, Cucumber & Dill	Hummus Chickpeas, Roasted Garlic, Tahini & Lemon Juice
Garlic Spread Garlic and Almond	Eggplant Roasted Baby Eggplant
Feta Spread Feta Cheese, Roasted Pepper	

5 CHOOSE YOUR PITA

Regular or Whole Wheat

Pita Wraps \$11.95

All wraps are made fresh with your choice of protein, spread, salad and organic greens all wrapped in pita (regular or whole wheat).

1 CHOOSE YOUR PROTEIN

Chicken Steak Falafel
Hormone and anti-biotic free Grass fed Oven baked

2 CHOOSE ONE FILLER

Gigante Beans Savory Braised Giant Lima Beans	Beet Salad Roasted Beets, Citrus Olive Oil
Lentil Salad Sun-Dried Tomatoes, Red Onions	Chickpea Salad Roasted Peppers, Lemon & Olive Oil, Herbs
Greek Salad Tomatoes, Cucumber, Peppers, Onions, Olives, Feta Cheese	Eons Salad Organic Farro, Cucumbers, Tomatoes, Red Onions, Parsley & Mint

3 CHOOSE ONE SPREAD

Tzadziki Yogurt, Garlic, Cucumber & Dill	Hummus Chickpeas, Roasted Garlic, Tahini & Lemon Juice
Garlic Spread Garlic and Almond	Eggplant Roasted Baby Eggplant
Feta Spread Feta Cheese, Roasted Pepper	

EONS mission is to provide you with great quality healthy delicious Greek food by amazing chef George Georgiades. It is organic, hormone and antibiotic free, sustainable and eco-friendly!

We serve fresh food fast and to your liking with an emphasis on presentation. Let us create the perfect custom menu for your next event! Healthy food is in and it has never been easier to share with friends!

ADDITIONAL SIDES
OR SPREADS

Choose a tray of any additional side or spread of your choice.
Add \$2.80 Per Person

EXTRAS

Spinach Pie \$3.47
Spinach and feta wrapped in fillo
Pita Chips \$0.75
Baked in house

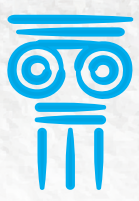
DESSERTS

Greek yogurt parfait \$3.47
Layered with fig and apricot preserves
Baklava \$3.47

BEVERAGES

Bottled Boylan Soda \$2.99
Bottled Water \$2.07

What is EONS?



Mediterranean Diet

The Greek Mediterranean diet has been proven for numerous health benefits and a healthier lifestyle using fresh non-processed ingredients and olive oil.



Quality Ingredients

By using better ingredients and shifting to sustainable, eco-friendly, organic choices, EONS will help push the food industry in the right direction with better choices.



Food For Life

The EONS spiral symbol is the symbol for life incorporated in the motive of EONS as it provides food for life.



Ordering

- All prices are per person, minimum of 10 people, and taxes are not included.
- Credit card information required upon placing order; payment completed at time of delivery.
- Same day catering cancellations may be charged a fee.
- Deliveries available to all parts of city by special arrangement and at additional charge.
- We are trying to save the world one plate at a time. Paper products available upon request.

Places we've happily catered to

A&E Network
Access Hollywood
American Heart Association
Awesomeness TV
Bellevue Hospital
Box Inc.
CUNY Graduate Center
Design Within Reach
Doctors Without Borders
FiDi
GE

Gilda's Club
Gotham Hall
Holy Name Medical Center
INSider NYC
Integrative Nutrition
Intel Processing
JP Morgan Chase & Co
Jump Operations
Keystone Strategy
Loreal
Montclair University

Mount Sinai Hospital
MTV
NBC
Nespresso
NYU Langone
OkCupid
Paramount Pictures
Porcelanosa
Publicis
Risk Focus
Rockefeller Center

Shutterstock
SONY
Sotheby's
Ten-X
The Chrysler Building
The Empire State Building
The Hudson Yards
The MetLife Building
The Yard
The United Nations
Valley Hospital
Vistar Media



eat@eonsgreek.com • www.eonsgreek.com
Visit us online and follow us on social media.



New York City
633 Second Avenue
New York, NY 10016
212-696-1234

Fresh Meadows
61-42 188TH Street
Fresh Meadows, NY 11365
718-487-4807

Paramus
501 Route 17 South
Paramus, NJ 07652
201-523-9500

Montvale
18A Farm View
Montvale, NJ 07645
201-930-9100